## a better jumgle

How's your jungle today?
Kind of savage? Boogalooga mean?
Not the warm-hearted, have-a-banana sort of place you would like?
Try this.

## Do something to help somebody today.

In fact, do something to help 2 somebodies today.
It'll feel good, and . . .
if each person you help does something nice for 2 more people the next day, that would be 4 good deeds. If each of those 4 are nice to 2 people the next day, that would be 8 .
At the end of one week, the number of shiny new good deeds
in your jungle would be 128 .

## But hold onto your hat.

At the end of two weeks, the number goes up to 16,384.
At the end of three weeks, it's over 2 million.
And in one month, just $\mathbf{3 0}$ days, over 1 billion extra acts of kindness would be at work in the jungle you live in.

Try the math for yourself.
Think how fast the numbers could grow if we were all nice to each other more than just twice a day.

Every day, all day long, we make choices.
We can choose to be mean.
We can choose to do nothing. We can choose to rock the world.


